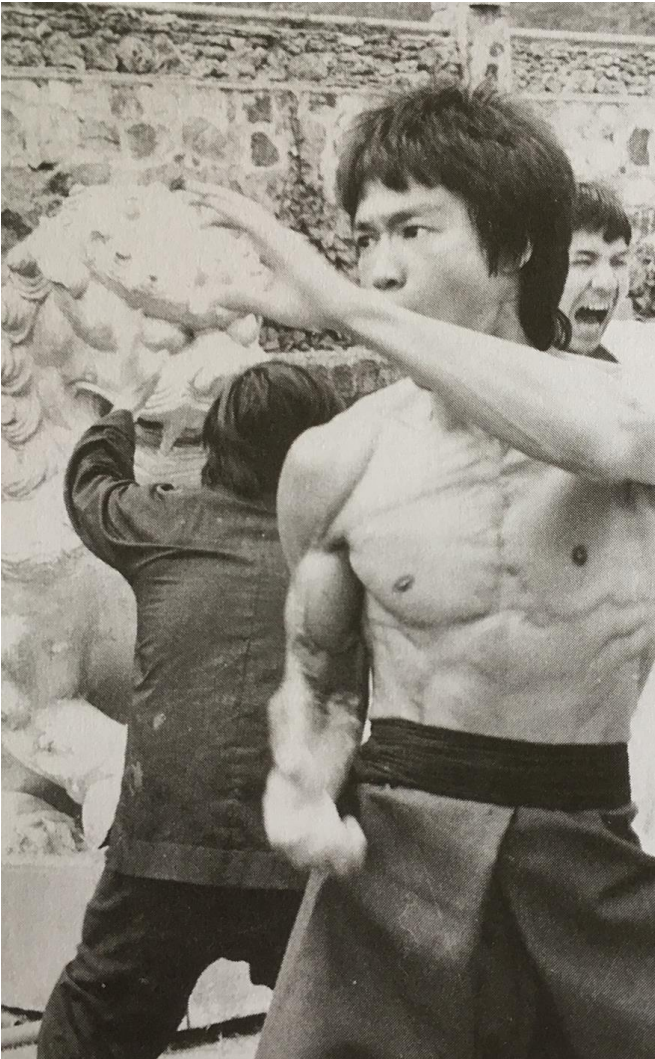


Article #1 - The Health and Fitness Prediction

Revolutionary Prediction by Adam Simpson

The healthy, safe and legal way.

“The times of drastic change are times of passion.”¹ – Bruce Lee



DICED!!!

Bruce Lee's body weight – 57 kilograms or 125 pounds.

Maestro Adam Simpson's body weight – 63 kilograms or 139 pounds.

¹ Bruce Lee, Artist of Life, Little J, p.243, Tuttle Publishing, Tokyo, Rutland, Vermont, Singapore, 1999

Link – www.healthdirect.gov.au/anabolic-steroids

healthdirect.gov.au/anabolic-steroids



FIND A HEALTH SERVICE — The **Service Finder** can help you find doctors, pharmacies, hospitals and other health services.

Are anabolic steroids legal in Australia?

It is only legal to use anabolic steroids in Australia if they have been prescribed by a doctor for proper medical reasons. It is against the law to keep, make, use, sell or give away, or to inject someone else with anabolic steroids.

The penalties for supplying anabolic steroids are different in each state and territory. In some states, they are classified in the same drug category as [heroin](#) or [ice \(crystal meth\)](#), and suppliers can face imprisonment.

Anabolic steroids are banned in competitive sport. Using them can result in fines, suspensions or permanent bans.





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